

POST-TREATMENT CARE

HAIR REMOVAL

1. Care should be taken to prevent trauma to the treated area for the first 2- or 3-days following treatment. Shaving and deodorant should be avoided post treatment for 24 hours or until any sign of irritation has vanished. You may apply a moisturizer post treatment for a soothing effect.
2. A minimum SPF 30 Sunscreen (UVA/UVB) should be used for any sun exposure during your treatment. Sun tanning and tanning beds should be avoided 4 weeks prior and throughout the course of treatments.
3. Avoid any strenuous workout, hot tubs, and spas for 24 hours after treatment. You may shower using a gentle soap. Make sure to pat dry, DO NOT RUB.
4. If the skin is broken or a blister appears, apply aquaphor or an antibiotic ointment, keep the affected area covered, and contact us. Avoid direct sunlight while experiencing these symptoms. Delayed blistering secondary to sun exposure has been noted up to 72 hours post treatment.
5. Cold packs or cortisone cream may be used to ease any temporary discomfort.
6. Makeup can be applied as long as the skin is not broken.
7. Hair may take up to 4 weeks, or in some cases as little as a few days, to fall out following treatment.
8. Follow-up subsequent treatments are based on the technician's recommendation, usually about 4-8 weeks following treatment.

If you have any questions or concerns, please call our office at 412-564-5444.

Jason G. Whalen, MD | Gretchen Kreizenbeck, MD,
Katie O'Brien, MPAS, PA-C, | Rachel A. Limpert, CRNP

160 Millers Run Rd. | Suite 500 | Bridgeville, PA 15017 | 412.564.5444 | Fax: 412.564.5478 | whalenderm.com