

PRE-TREATMENT INSTRUCTIONS

HAIR REMOVAL

1. No plucking, waxing, or depilatory of hair for a minimum of 2 weeks prior to your first treatment only. We ask that you refrain from any plucking, waxing, depilatory or bleaching during the laser treatment process; these methods will interfere with the laser treatment and may result in requiring more treatments to achieve desired results. **(Shaving is permitted during laser treatments.)**
2. Please remove makeup, deodorants, and lotions in the treatment area prior to treatment. Ladies: If you are treating your bikini area, please wear white underwear, because the laser energy is absorbed by color.
3. Shave 8-24 hours prior to your first treatment.
4. We recommend no sun exposure 4 weeks prior to, during, and after any laser treatment for the best results and fewest side effects.
5. If you've started any antibiotics or any other medications that may make you photosensitive, please let us know. We may have to reschedule your appointment. Also notify the RN/Tech if there has been any change in your health status (new medications, heart condition, etc.).
6. If self-tanner is used, you should wait 2 weeks after application to avoid any discoloration. If sun exposure is unavoidable, use a minimum SPF 30 SUNSCREEN (UVA/UVB).
7. For maximum desired results, multiple treatments will be required at regular scheduled intervals. (Touch-up treatments may be required).

Cancellation Policy:

It is important to call if you are unable to make your appointment. We require at least 24 hours notice. There will be a minimum fee of \$75.00 for anyone that fails to show or does not cancel at least 24 hours prior to a scheduled appointment. We have invested a great deal of money into the most advanced lasers and medical staff to provide you with the best results.

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