

## **RADIOFREQUENCY (RF) OR SKIN TIGHTENING (MP2)**

### **CONTRAINDICATIONS:**

Treatment with VENUS VERSA radiofrequency is not allowed for patients with any of the following conditions:

- Implantable defibrillators, cardiac pacemakers, and other metal implants (including dental, but not cavities)
- Silicone implants/injections in the treated area
- Pregnancy or breastfeeding
- Epilepsy or history of seizures
- Currently under treatment for cancer
- Demyelinating or Degenerative neurological diseases
- Uncontrolled disorder of the thyroid gland
- Infection in the treated area
- CURRENT use of Isotretinoin (e.g., accutane) or within the last 3 months
- History of herpes simplex (cold sores) in the treatment area, unless taking a prophylactic regimen (ask us)

### **PRECAUTION CRITERIA:**

- BOTOX/DYSPOORT or FILLERS in the treatment area (wait 4 weeks after last injections)
- Recent laser resurfacing or deep chemical peeling (within the last month) if same area
- Thyroid disease (it is not recommended to perform the treatment over the thyroid, i.e., neck)
- Recent surgical procedures (especially if in the same area)
- Flaring rosacea (not recommended if the face is treated; but not a constraint if treating other areas)

### **POST-TREATMENT EXPECTATIONS:**

- You will experience a feeling of heat sensation AND look “sunburned” or very red in the treated area.
- Most people are “red” for only 1-3 days, rarely do they have severe swelling or prolonged sensitivity (up to 2 weeks). Check your calendar for events as we cannot predict who may have longer/severe side effects.
- Avoid sun exposure and anything that heats the skin (ie hot-tubs, saunas, and intense exercise) for 3 days.
- Apply the CeraVe Healing Ointment several times a day for 3-7 days. Call if concerned.

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