



RADIOFREQUENCY (RF) OR SKIN TIGHTENING (MP2)

CONTRAINDICATIONS:

Treatment with VENUS VERSA radiofrequency is <u>not allowed</u> for patients with any of the following conditions:

- Implantable defibrillators, cardiac pacemakers, and other metal implants (including dental, but not cavities)
- Silicone implants/injections in the treated area
- Pregnancy or breastfeeding
- Epilepsy or history of seizures
- Currently under treatment for cancer
- Demyelinating or Degenerative neurological diseases
- Uncontrolled disorder of the thyroid gland
- Infection in the treated area
- CURRENT use of Isotretinoin (e.g., accutane) or within the last 3 months
- History of herpes simplex (cold sores) in the treatment area, unless taking a prophylactic regimen (ask us)

PRECAUTION CRITERIA:

- BOTOX/DYSPORT or FILLERS in the treatment area (wait 4 weeks after last injections)
- Recent laser resurfacing or deep chemical peeling (within the last month) if same area
- Thyroid disease (it is not recommended to perform the treatment over the thyroid, i.e., neck)
- Recent surgical procedures (especially if in the same area)
- Flaring rosacea (not recommended if the face is treated; but not a constraint if treating other areas)

POST-TREATMENT EXPECTATIONS:

- You will experience a feeling of heat sensation AND look "sunburned" or <u>very red</u> in the treated area.
- Most people are "red" for only 1-3 days, rarely do they have severe swelling or prolonged sensitivity (<u>up to 2</u> <u>weeks</u>). Check your calendar for events as we cannot predict who may have longer/severe side effects.
- Avoid sun exposure and anything that heats the skin (ie hot-tubs, saunas, and intense exercise) for 3 days.
- Apply the Vaseline several times a day for 3-7 days. Call if concerned.

Jason G. Whalen, MD I Katie O'Brien, MPAS, PA-C, Rachel A. Limpert, CRNP | Rachel A. Weyant, MPAS, PA-C 160 Millers Run Rd. I Suite 500 I Bridgeville, PA 15017 I 412.564.5444 I Fax: 412.564.5478 I whalenderm.com